

# Berryessa Union School District Healthy Youth Task Force

May 16, 2018 3:30 - 5:00 Large Board Room

Meeting Minutes

## 1. Welcome and Introductions

The meeting started at 3:40 PM.

Present: Bonnie Hall, Christopher Davis, Deborah Anderson, Mae Fields, Barbara Friedenbach, Heidi Winig, Nandini Pal, Vanessa Perry-Mar, Eleanor Strong, Lucrece Tom, Lori Wallace, Kalpana Thatte

## 2. Approval of the Agenda

After review of the agenda, no new items were added.

## 3. Approval of the Minutes

The minutes were approved with the following correction. The parent notification letter was sent one month prior to schools.

#### 4. Review of Norms

The meeting norms approved in a prior meeting were read aloud.

#### Norms:

- 1. Community awareness
- 2. Open Mind

Listening to understand not just to respond

Asking for clarifications

Observing versus evaluating

- 3. Awareness of non-verbal signals
- 4. Equity of voice Step up, step back
- 5. Assuming best intentions
- 6. Being nonjudgmental
- 7. Safe Space to Feel
- 8. Confidentiality
- 9. Student Centered
- 10. Awareness of a common goal

Being careful of personal agenda

- 11. Consensus Building
- 12. Being respectful avoid derogatory terms



## 5. Reports on Healthy Youth Efforts

#### 5.1. Parent Education Meetings

The total number of attendees at Sierramont's meeting on the sign in sheet is not correct, since approximately 20 attendees arrived late and did not sign in. The slide decks for the meetings are available online as well as about 60 pages of the curriculum reviewed at the meeting. A small number of parents provided feedback. They indicated that they were satisfied or very satisfied; that the lesson review was helpful; greater comfort with starting conversations; more confidence in accessing age appropriate answers to questions; and a comfort level with the curriculum. A few parents asked for their own review of sex education.

## 5.2. Training and Curriculum

There was discussion on the implementation of *Positive Prevention Plus* in early May 2018. Parents and teachers at the meeting provided first hand feedback. What follows are recommendations made by one or more task force members. Review homework assignments for medical terms which may not be adequately addressed in class. Find a balance between providing information about STDs and pregnancy and avoiding unduly scaring students. Provide lessons on sexting and texting. Review the body systems or consider adding more instruction in 5th grade. Consider ways to get more parent feedback. Provide more teacher training on how to present the lessons including whether the lessons can be changed or reordered. Examine the lessons and terms used in them to determine if they are offensive to the LGBTQ community. Ensure that instruction in every classroom matches the information shared with parents prior to the start of the unit. Provide a list of California Healthy Youth Act requirements of what must be taught and terms that are required. The following questions were also raised. How do we support teachers who may be apprehensive about using certain terms? How do we move from compliance with the law to excellence.

Opt out rates for the curriculum were very low, between 1% and 3%.

#### 5.3. Recommendations from the SCCOE Meeting

Heidi Winig shared the following recommendations from the APPN Network Meeting at the SCCOE. Provide a board report the the School Board on the California Healthy Youth Act. Include questions on inclusivity on district student surveys such as the Healthy Kids Survey.

#### 6. New Business Items.

#### 6.1. Evaluation Criteria

Task force members provided the following ideas to be considered as possible criteria for evaluating the comprehensive sexuality programs by students or parents. Ask what is the likelihood that students will talk to their parent and how often did they? Use Google forms as the tool for collecting pre and post information. Collect both qualitative and quantitative data on the curriculum.



Limit the survey to 10 questions. Provide a definition of comprehensive sexuality education in the survey. Ask if the curriculum is a good fit. Ask what the student would look for in a curriculum. Translate surveys into Mandarin, Vietnamese and Spanish if possible.

## 6.2. Task Force Schedule for 2018-2019

The task force will meet monthly at the beginning of the school year. Information on the 2018-2019 schedule of meetings will be sent out at the start of the new school year.

# 7. Open Discussion/Future Agenda Items

No discussion further discussion took place about future agenda items.

## 8. <u>Future Meeting Dates:</u>

TBD